

MAY 6

“I’M IN A HOLE, BUT HE IS DOWN HERE WITH ME.”

READ

Psalm 139:7-12, Romans 8:26

If you’ve never been through depression, you can’t identify with someone who’s depressed. Jesus identifies with every situation of life, including these times when we find ourselves in the darkness of a hole. You can’t pull out of it by yourself, but there are things you can do while you are in that hole. You can be kind, compassionate, and gracious. When you operate outside and beyond your own feelings, something supernatural happens. You are in the best shape to minister to other people when you would rather die. When you can’t do for yourself, that is when you can do the most for God. At an appointed time, Jesus will appear and lift you out of that hole, above the shadows. In the meantime, immerse yourself in the Bible until the day dawns. Come to Him as a child. Let the Holy Spirit pray through you. Remember, His light shines the brightest in darkness. Look for Him, you’ll find Him. He’s there with you.

PRAY

God, when I’m in a hole, I have nowhere to look but up. I pray with David, “Whom do I have in heaven but You? My flesh and my heart may fail, but You are the strength of my heart and my portion forever.”

From May 6, 2012