

JULY 19

## **“I DON'T HAVE TO SIN. THROUGH THE POWER OF THE SPIRIT I CAN SAY ‘NO.’ ”**

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### **READ**

*Galatians 5:16-18*

From midday until 3 p.m., darkness covered the face of the earth. God concentrated the sins of the entire human race onto His Son Jesus. For three hours, Jesus hung in darkness, separated from His Father. There has never been a greater sacrifice. Jesus rose again on the third day, accomplishing this: through Christ I will never face the judgment of the Father. I'm free from the penalty and power of sin. I can walk in the Spirit, and not fulfill the lust of the flesh. I don't have to sin. Now through the power of the Spirit I can say "no." I can flee evil. Then what is this nagging thing I have to deal with every day, this aggravating turmoil that I thought Christ had given me victory over? It's this: through the grace of God, I am declared innocent, but I still deal with guilty feelings. Even though I am free from the penalty and power of indwelling sin, I am not yet free of the presence of it. I will contend with that for the rest of my life. The good news is that though sin is present, I now have power over it.

### **PRAY**

I thank You for Your amazing grace that saved a wretch like me. You are now my Master. I am no longer a slave to sin.

*From November 11, 2018*