

JANUARY 3

“FLESH FEEDS FLESH, AND SPIRIT FEEDS SPIRIT.”

READ

Galatians 5:16-26

One of the laws in God’s kingdom is that flesh feeds flesh, and spirit feeds spirit. Flesh can never edify the Spirit, and the Spirit can never relate to the flesh. They are opposites, and there’s nothing you can do to bring them together. If you started today watching the news, reading the newspaper, or listening to people, you started off the wrong way. That’s flesh, and your flesh will feed on that flesh for the remainder of the day. Once you start off badly, it’s almost impossible to change course by noon, or to rectify your direction by the evening. You’ve got to start off in the Spirit. As a child of God, I know the joy of picking up my Bible first, getting down on my knees first, asking God for guidance for the day. Suddenly my direction changes, my vision changes. And instead of my flesh being fed all day long, my spirit is built up. My spirit feeds me peace and joy; it gives me confidence and a certainty that God is in control. The Spirit of God thrives on the Word of God in prayer. If you will make that simple sacrifice every morning on your knees and in the Word, it will change your day — even your life.

PRAY

Feed me, Lord, with Your Word. I crucify the works of the flesh and ask You to empower me to live and walk in the Holy Spirit. Let me be satisfied with You alone.