

OCTOBER 14

## “PRAYER IS ME, TALKING TO GOD.”

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### **READ**

*1 Thessalonians 5:16-18*

Paul doesn't explain prayer. He doesn't tell you to go find a book on prayer. He just says to pray. It must be so simple that I can do it without any further instruction. Prayer is me, talking to God. Prayer is something that's happening in the deepest recesses of my life, by the Holy Spirit. He never stops praying. While are you working, the Holy Spirit is praying through you, for you and praying to Jesus about you. Jesus is praying to the Father for you right now. But when He prays, it's much deeper than you can understand. It's much higher than you can comprehend. When Paul says, "Pray without ceasing," he means that wherever you are, whatever you're doing, you can be talking to God. You can be thanking Him and praising Him. You can see Him in every situation of life. Do you know where you can find God today? In the vexations, troubles and the aggravations of this day, God is there, so talk to Him. Pray to Him, tell Him all about it. Mention to Him that He is faithful to you and thank Him for it.

### **PRAY**

Help me to pray always, to keep my mind stayed on You. Through words, through silence, in song, and in Scripture I pray. In tears, in thoughts, in shouts and whispers I cry out to You. You always hear, You always answer.

*From "Fast ForWORD," August 20, 2020*